

Update 38

DEVELOPMENTAL DYSLEXIA AND CHIROPRACTIC CARE: A CASE SERIES

This case series reports the results from the chiropractic care of 3 children with a range of health and developmental challenges. Below I detail the case report related to one of those children.

The author reports that the first case involved a 7 year old who presented to a chiropractor with a chief complaint of persistent 'glue-ear'.

History taking revealed that the child was behind at school with his reading and writing and that he had behavioural problems, difficulty concentrating, and clumsiness. The child had been born breech and was delivered via emergency Caesarean section at full term.

Examination revealed decreased hearing in both ears, a physiological short left leg, and numerous cranial 'faults' and positive cerebellar tests.

Management consisted of adjustment using SOT and dietary changes.

The child, his parents, and teachers all concurred that since receiving chiropractic care he had demonstrated considerable improvement in his behaviour, reading, writing and balance.

ASRF Chiropractic Update Editor's comments - Unfortunately very little detailed information is revealed in relation to the chiropractic care provided to these 3 children beyond naming the technique used (SOT in all three cases).

Furthermore, the reader has no idea whether the reported outcomes were achieved in each of these children with adjustments on only one occasion or with regular care across a number of years - no information is provided regarding number of visits, frequency of care, spinal segments adjusted, or re-examinations performed.

Reference:

Young A. Developmental dyslexia associated with peri-natal trauma. *Clinical Chiropractic* 2004; 7: 5-9.