

# Reaching Your Peak in 2009

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Is your practice at its peak? Are you and are your team at **Peak Performance** professionally, personally and in your community? Are you a student who wants to reach for the stars?

Being in practice can be difficult at times, just as drawing out the best in team members can be. Energy levels and enthusiasm can run low. Clients, patients or practice members can opt out of care or just need that little extra information or assistance to help keep them moving forward.

Our communities are suffering under a deluge of misinformation and negative attitudes and beliefs. Many don't know where to turn for reliable and sustainable help.

As a student, how can you power through your studies, ready to graduate and explode into practice? What can you do about this, today? Where can you access such information and skills? How can we serve our communities better?

These are just some of the issues and questions that will be addressed through the 2009 Dynamic Growth Experience, to be held in all mainland states of Australia and New Zealand this year.

**Peak Performance** is the chosen theme for Dynamic Growth Experience this year. The sessions will be packed with fantastic speakers addressing the poignant issues above and more. We will have some of the best presenters from within our own ranks; people at the heart of practice experience giving no-nonsense, 'take



home and use' tips and examples of what you can do to raise your own level of effectiveness, as well as accentuating the results of your teams and your clients. We will also be searching further afield, adding experts from outside the field of Chiropractic to help provide you with fresh insights and new information.

Achieve **Peak Performance** and make a difference for:

- Yourself, both personally and professionally
- Your CAs and other team members
- Your clients, patients and practice members
- Your community

So, join the legion of people attending Dynamic Growth Experience for **Peak Performance**. This once-a-year opportunity to spend a Saturday afternoon in a close locality is affordable, yet invaluable for you and your team.

Additionally, all proceeds directly support the research of outstanding calibre that is being funded by the Australian Spinal Research Foundation.

P.S. Maybe we will see you at DGE North Queensland at Airlie Beach on the 17<sup>th</sup> of October. You could even take off a couple of well-earned days to explore the heart of the Great Barrier Reef...

P.P.S. Do you feel you have something to contribute as well as something to learn? If you want to make an even bigger difference in your life, why not volunteer to be involved as a logistic team member or speaker?

Please contact the Australian Spinal Research Foundation for more information.

*Written by Gary Smith, Governor of the Australian Spinal Research Foundation*

## **DATES FOR 2009 DYNAMIC GROWTH EXPERIENCES**

New Zealand (18 July)  
Terraces Hotel, Taupo  
Convenor: Georgina Compton  
Email: [drcompton@chiropracticedge.co.nz](mailto:drcompton@chiropracticedge.co.nz)

Brisbane (22 August)  
Venue: TBA  
Convenor: Travis West  
Email: [travis@backtofront.com.au](mailto:travis@backtofront.com.au)

Sydney (5 September)  
Citigate Central Sydney  
Convenor: Julie Uren  
Email: [jrmidwife@optusnet.com.au](mailto:jrmidwife@optusnet.com.au)

Adelaide (19 September)  
Venue: TBA  
Convenor: Judith Thomas  
Email: [ju-dith@keswaniandassociates.com.au](mailto:judith@keswaniandassociates.com.au)

North QLD (17 October)  
Venue: TBA  
Convenor: Joshua Sanders  
Email: [dr.sanders.joshua@gmail.com](mailto:dr.sanders.joshua@gmail.com)

**Register now** online at  
[www.spinalresearch.com.au](http://www.spinalresearch.com.au).

Alternatively, fax your registration form to 07 3808 8109, call 07 3808 4098 to register over the phone or by mail your registration form to Reply Paid 1047, SPRINGWOOD QLD 4127.